



**Anglican Parish of the Parks
St Silas & St Anselm, Albert Park**

**Sixth Sunday after Pentecost
12 July 2020**

Holy Communion

The musical setting for today's service is Dudman.



Starlight Sower by Hai Knafo

Today's service will be recorded for sharing on the internet at:
<http://video.parishoftheparks.com.au>

We acknowledge and pay our respects to the Boonwurrung people, the original owners of this land, and acknowledge the people and elders of the Eastern Kulin nation who have traditional connections with, and responsibility for, the land on which we meet.

From Revd Sophie

**I told my
suitcases that
there will be no
vacation this year.
Now I'm dealing
with emotional
baggage.**

I thought I would let this picture start my reflection.

It's rotten to find ourselves once again in lock down. I confess I am not surprised but I am heartily disappointed. The temptation is to curl up in a ball and feel like we're never going to get out of this situation. At times it may feel like that and there's certainly a place for naming our fears. I would add however, there is also a place for us to name our hopes and look toward them. If we're able to weather this and be sensible about adhering to the restrictions and be patient, then we will be able to realise our hopes in the months to come.

As I write this, I am mindful of a young father who was intubated this week with Covid. This is confronting. It's not just older people who are vulnerable. I think about the hopes he and his family had for their future and how they're feeling right now. It helps to put everything into perspective.

I invite you to hold in your prayers one another and those of our community who are doing it harder than most. I heard this week of a student who has been subsisting on rice-we've helped out with some nutritious meals. I invite you to pray with robust hopefulness. I invite you to look around you and find humour or joy in the little things-let your heart laugh for in our laughter we find our God of hope.

Yesterday Esther asked if she could watch "Simon's Cat." I am a bit of a stickler about limiting screen viewing, but she asked with such cuteness on her face I gave in. We watched two episodes which had us giggling hysterically together. Our favourite (watched many times) is an episode in which Simon's cat meets a vacuum cleaner. Just when he thinks he's defeated the monster, he's surprised by the recoiling cord. We wept as we do every time we watch it. This laughter lifted my spirits. I encourage you to do the same-go looking for the silly, the mad the funny. Seek to find joy and in it, let your God find you. Here's the Simon's cat link:

https://youtu.be/pTBjHjRhx_Y

Love and blessings,
Sophie

Gathering in God's name

Music before the service *My Bonnie lies over the ocean*
by Richard Lloyd
(based on a traditional Scottish melody)

A bell is rung as a signal for all to stand

Hymn TIS 204

1. Come let us join our cheerful songs
with angels round the throne;
ten thousand thousand are their tongues,
but all their joys are one.
3. Jesus is worthy to receive
honour and power divine;
and blessings more than we can give,
be, Lord, for ever thine.
4. Let all creation join in one
to bless the sacred name
of him that sits upon the throne,
and to adore the Lamb.

Isaac Watts 1674–1748 *alt.*
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Presider Blessed be God, Father, Son and Holy Spirit.
All **Blessed be God's kingdom, now and forever.**

Presider The Lord be with you.
All **And also with you.**

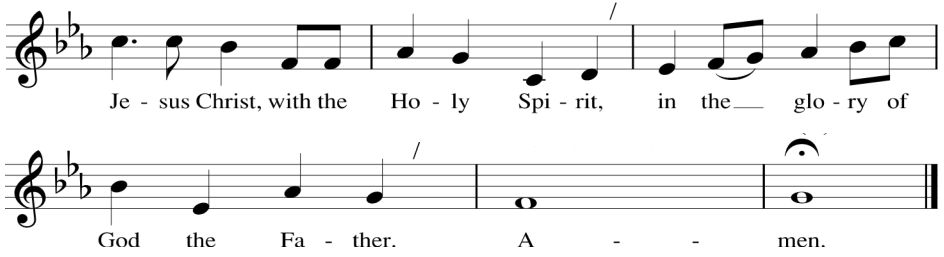
Let us pray

All **Almighty God, to whom all hearts are open,
all desires known,
and from whom no secrets are hidden:
cleanse the thoughts of our hearts by the inspiration of
your Holy Spirit, that we may perfectly love you,
and worthily magnify your holy name,
through Christ our Lord. Amen.**

We sing together the Gloria

Organ

Glo - ry to God in the high - est, and
peace to God's peo - ple on earth. Lord God,
hea - ven - ly King, al - mighty - y God and Fa - ther, we
wor - ship you, we give you thanks, we praise you for your
glo - ry. *mf* Lord Je - sus Christ, on - ly Son of the
Fa - ther, Lord God, — Lamb of God, you take a - way the
sin of the world: have mer - cy on us; you are seat - ed at the
right hand of the Fa - ther: re - ceive our prayer. For
you a - lone are the Ho - ly One, you a - lone are the
Lord, — you a - lone are the Most High,



The Prayer of the Day

Presider Bountiful God,
we thank you for planting in us the seed of your word:

All **by your Holy Spirit,
help us to receive it with joy, and to live according to it,
that we may grow in faith and hope and love;
through Jesus Christ our Lord,
who lives and reigns with you
in the unity of the Holy Spirit,
one God, for ever and ever. Amen.**

Please be seated

The Sacred Story

The First Reading:

Genesis 25.19-34

19 These are the descendants of Isaac, Abraham's son: Abraham was the father of Isaac, 20 and Isaac was forty years old when he married Rebekah, daughter of Bethuel the Aramean of Paddan-aram, sister of Laban the Aramean.

21 Isaac prayed to the Lord for his wife, because she was barren; and the Lord granted his prayer, and his wife Rebekah conceived.

22 The children struggled together within her; and she said, 'If it is to be this way, why do I live?' So she went to inquire of the Lord .

23 And the Lord said to her, 'Two nations are in your womb, and two peoples born of you shall be divided; one shall be stronger than the other, the elder shall serve the younger.'

24 When her time to give birth was at hand, there were twins in her womb. 25 The first came out red, all his body like a hairy mantle; so

they named him Esau. 26 Afterwards his brother came out, with his hand gripping Esau's heel; so he was named Jacob. Isaac was sixty years old when she bore them.

27 When the boys grew up, Esau was a skilful hunter, a man of the field, while Jacob was a quiet man, living in tents. 28 Isaac loved Esau, because he was fond of game; but Rebekah loved Jacob.

29 Once when Jacob was cooking a stew, Esau came in from the field, and he was famished. 30 Esau said to Jacob, 'Let me eat some of that red stuff, for I am famished!' (Therefore he was called Edom.)

31 Jacob said, 'First sell me your birthright.'

32 Esau said, 'I am about to die; of what use is a birthright to me?'

33 Jacob said, 'Swear to me first.' So he swore to him, and sold his birthright to Jacob. 34 Then Jacob gave Esau bread and lentil stew, and he ate and drank, and rose and went his way. Thus Esau despised his birthright.

Reader For the word of the Lord,
All **thanks be to God.**

All stand as we sing together

Hymn Ancient & Modern 387

1. Rise and hear! The Lord is speaking,
as the gospel words unfold;
we, in all our age-long seeking,
find no firmer truth to hold.
2. Word of goodness, truth, and beauty,
heard by simple folk and wise,
word of freedom, word of duty,
word of life beyond our eyes.
3. Word of God's forgiveness granted
to the wild or guilty soul,
word of love that works undaunted,
changes, heals, and makes us whole.
4. Speak to us, O Lord, believing,
as we hear, the sower sows;
may our hearts, your word receiving,
be the good ground where it grows.

Gospel acclamation

Presider *sings* The Lord be with you.

All *sing* And also with you.

Presider *sings* The Gospel of our Lord, according to Matthew
(Matthew 13.1-9, 13.18-23).

All *sing* Glory to you, Lord Jesus Christ.

¹ That same day Jesus went out of the house and sat beside the lake. ² Such great crowds gathered around him that he got into a boat and sat there, while the whole crowd stood on the beach. ³ And he told them many things in parables, saying: ‘Listen! A sower went out to sow. ⁴ And as he sowed, some seeds fell on the path, and the birds came and ate them up. ⁵ Other seeds fell on rocky ground, where they did not have much soil, and they sprang up quickly, since they had no depth of soil. ⁶ But when the sun rose, they were scorched; and since they had no root, they withered away. ⁷ Other seeds fell among thorns, and the thorns grew up and choked them. ⁸ Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty. ⁹ Let anyone with ears listen!’ ¹⁸ ‘Hear then the parable of the sower. ¹⁹ When anyone hears the word of the kingdom and does not understand it, the evil one comes and snatches away what is sown in the heart; this is what was sown on the path. ²⁰ As for what was sown on rocky ground, this is the one who hears the word and immediately receives it with joy; ²¹ yet such a person has no root, but endures only for a while, and when trouble or persecution arises on account of the word, that person immediately falls away. ²² As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the lure of wealth choke the word, and it yields nothing. ²³ But as for what was sown on good soil, this is the one who hears the word and understands it, who indeed bears fruit and yields, in one case a hundredfold, in another sixty, and in another thirty.’

Presider *sings* For the Gospel of our Lord,

All *sing* praise to you Lord Jesus Christ.

Please be seated

The Sermon

Please stand

Presider Let us affirm as ours the faith of the Church.
(from APBA p.37)

**All We believe in one God,
who made and loves all that is.
We believe in Jesus Christ,
God's only Son, our Lord,
who was born, lived, died and rose again,
and is coming to call all to account.
We believe in the Holy Spirit,
who calls, equips and sends out God's people,
and brings all things to their true end.**

Presider This is our faith, the faith of the Church:

**All We believe in one God,
Father, Son and Holy Spirit. Amen.**

The Prayers of the People

Please sit or kneel

After each petition: Hear our prayer.

The prayers conclude with:

Presider Almighty God, you have promised to hear our prayers.

**All Grant that what we have asked in faith
we may by your grace receive
through Jesus Christ our Lord. Amen.**

Confession and Absolution

Presider God is steadfast in love and infinite in mercy,
welcoming sinners and inviting them to the Lord's table.

Silence

Let us confess our sins in penitence and faith,
with a sincere and a true heart.

**All Merciful God,
our maker and our judge,
we have sinned against you in thought, word, and deed,
and in what we have failed to do:
we have not loved you with our whole heart;
we have not loved our neighbours as ourselves;
we repent, and are sorry for all our sins.
Father, forgive us.
Strengthen us to love and obey you in newness of life;
through Jesus Christ our Lord. Amen.**

Presider Almighty God,
who has promised forgiveness to all who turn to him in
faith: pardon you and set you free from all your sins,
strengthen you in all goodness and keep you in eternal life,
through Jesus Christ our Lord. **Amen.**

The Greeting of Peace

All stand for the Greeting of Peace.

Presider We are the body of Christ.

All His Spirit is with us.

Presider The peace of the Lord be always with you.

All And also with you.

The Offertory

Please make your offering via online giving.
<http://offertory.parishoftheparks.com.au>

Offertory hymn A & M 493 (Tune: TIS 586 *Abide with me*)



1. Hope of our calling: hope through courage won



by those who dared to share all Christ had done.



Saints of to — day, Christ's banner now un—furled,



will bring his gospel to a wai—ting world.

2. Hope of our calling: hope with strength empowered, inspired by all that we have seen and heard; this call is ours, for we are chosen too, to live for God in all we say and do.
3. Hope of our calling: hope with grace outpoured, from death's despair the gift of life restored; our call to serve, to wash each other's feet, to bring Christ's healing touch to all we meet.
4. Hope of our calling: hope by faith made bold too sow God's righteousness throughout the world; bring peace from conflict, fruitfulness from weeds, the kingdom's harvest from the kingdom's seeds.
5. Hope of our calling: Spirit-filled, unbound, old joys remembered and new purpose found, our call refreshed by sacrament and word, we go in peace to love and serve the Lord.

Ally Barrett (b. 1975)

Presider Blessed are you, Lord, God of all creation
through your goodness we have these gifts to share.
Accept and use our offerings for your glory
and for the service of your kingdom.

All **Blessed be God for ever.**

The Great Thanksgiving

Presider *sings* The Lord be with you.
All *sing* **And also with you.**

Presider *sings* Lift up your hearts.
All *sing* **We lift them to the Lord.**

Presider *sings* Let us give thanks to the Lord our God.
All *sing* **It is right to give our thanks and praise.**

The Presider continues the prayer
... for ever praising you and singing:

All *sing* **Holy, holy, holy Lord, God of power and might,
Heaven and earth are full of your glory.
Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

The Presider continues the prayer
... Let us proclaim the mystery of faith.

All *sing* **Christ has died,
Christ is risen,
Christ will come again.**

The Presider continues the prayer
...in songs of never-ending praise:

All *sing* **Blessing and honour and glory and power
be yours for ever and ever. Amen.**

Presider

As our Saviour Christ has taught us, we are confident to pray,

All

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial
and deliver us from evil.
For the kingdom, the power, and the glory,
are yours now and for ever. Amen.**

The Breaking of the Bread and Communion

Presider

We break this bread to share in the body of Christ.
We who are many are one body,

All

For we all share in the one bread.

We sing together

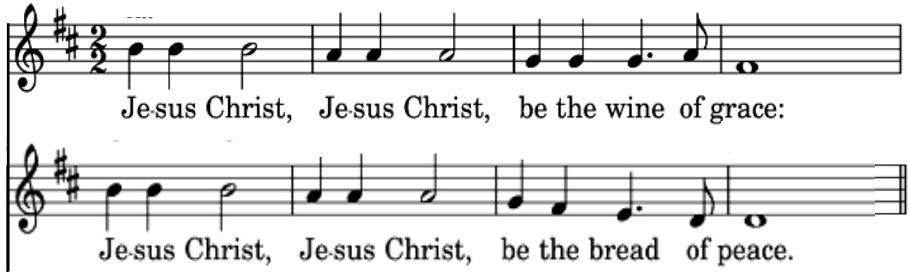
1 In the sing-ing, in the si-lence, in the hands ex-pectant,
2 In the ques-tion, in the an-swer, in the mo-ment of ac-

o - pen, in the bless-ing, in the break-ing,
cep - tance, in the heart's cry, in the heal-ing,

in the Pres-ence at this ta - ble
in the cir - cle of your peo - ple

*to Refrain
next page*

Refrain



Je-sus Christ, Je-sus Christ, be the wine of grace:
Je-sus Christ, Je-sus Christ, be the bread of peace.

Presider The gifts of God, for the people of God.

Everyone is welcome at this altar.

*As I receive the sacrament on behalf of us all,
I invite you to take a moment of silence
to prepare yourself.*

*Imagine you are receiving the sacrament here with me,
for this body and blood of Christ are yours
as they are mine.*

Music during Communion Hymn meditation on *Anima Christi*
arr. by June Nixon

The Presider leads the post Communion prayer, concluding with

Presider Most loving God,
All **you send us into the world you love.
Give us grace to go thankfully and with courage
in the power of your Spirit.**

The Notices

Hymn Ancient & Modern 568 (Tune: Woodlands)

1. Take up the song, and sing the praise of God,
who gave the world its skies and lands and seas,
then formed the fish and creatures of the earth;
our God be praised for wondrous gifts like these!
2. Take up the song, and sing the praise of God,
who gave the power of choice to humankind,
that we might rule the earth through servanthood,
and so find joy in all that God designed.
3. Take up the song, and sing the praise of God;
proclaim to all the open mystery
that Christ, whose death destroyed the power of sin,
was raised by God and reigns in Trinity.
4. Take up the song, and sing the praise of God;
with music makes both earth and heaven ring,
for God is good and loves all he has made;
so now to him all thanks and praises bring!

Rae E. Whitney (b. 1927)

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Music: Walter Greatorex (1877-1949)

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Blessing and dismissal

Presider The peace of God which passes all understanding ...

Presider Go in peace, to love and serve the Lord:

All In the name of Christ. Amen.

Organ voluntary

The Helston Furry Dance by Martin Setchell
based on a traditional melody from Cornwall, England

Notices

JOIN US for MORNING TEA via Zoom, 11am every Sunday.
Here's the link: <http://morningtea.parishoftheparks.com.au>

Acknowledgements

Hymns: CCLI license number: 159826

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**Our ministry is OPEN whilst our doors are closed.
Please help!**

Whilst the physical church doors are closed, our ministry continues, as do our financial commitments.

We have already lost rental income and our parishioner giving has also dropped.

Parish Council have done some financial modelling for how we might navigate a prolonged period of closure. We have a financial plan for the first of three stages, which includes maintaining current staffing but significantly reducing other costs.

We understand that everyone is impacted by this pandemic and that extends to our financial lives.

We no longer have a physical offertory plate and so the only method of giving is either by direct debit or online.

We really need your support to maintain the ministry of our parish. Please contact us if you would like help to set up a direct debit or you can make your offertory via our website, here:

<http://offertory.parishoftheparks.com.au>

If you prefer to work with paper and a pen, please contact the parish office and we can post you a form.

Readings for next week

Genesis 28.10-19a
Romans 8.12-25

Psalms 139.1-11, 139.23-24
Matthew 13.24-30, 13.36-43

The Week Ahead

**Today
Jul 12**

Sixth Sunday after Pentecost

9:30am Sung Eucharist, online only

5:00pm Sunday Suppers

**Sunday Suppers
roster**

TBA

Fri 17

Sophie's day off

Jul Sun 19

Sixth Sunday after Pentecost

9:30am Sung Eucharist, online only

5:00pm Sunday Suppers

Parish Prayer List

Raylene, Wendy, Marcus, Yeshi, Lee, Edie, Harry, Tim,
Marie, Holly, Rosemary, Jo

We pray for the departed and those whose anniversaries occur at this time and especially:

John Athelstan Corteen Tytherleigh 6 July 1915

Annie Eileen Martin 6 July 2002

Arthur Reginald Palframan 7 July 2016

Phyllis McIver 8 July 1979

Dorothy Jean Alexander 8 July 2007

May they rest in peace and rise in glory.

ANGLICAN PARISH OF THE PARKS

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For sacraments, especially baptism and matrimony, pastoral care, counselling or confession, please contact Revd Sophie.

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